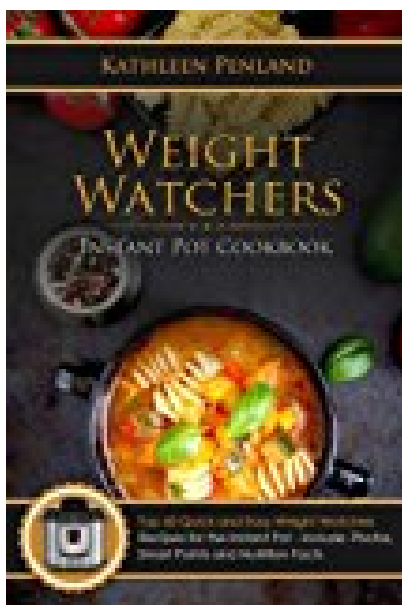


Weight Watchers Instant Pot Cookbook Top 60 Quick and Easy Weight Watchers Recipes for the Instant Pot - Includes Photos Smart Points and Nutrition Facts



BOOK DETAILS

- Author : Kathleen Penland
- Pages : 124 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1544245262

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BOOK SYNOPSIS

A treasury of 300 healthy one-dish recipes draws on the insights of Weight Watchers culinary experts and provides an array of casseroles, soups and stews for the whole family that can be prepared in woks, slow cookers, pressure cookers and more.

WEIGHT WATCHERS INSTANT POT COOKBOOK TOP 60 QUICK AND EASY WEIGHT WATCHERS RECIPES FOR THE INSTANT POT - INCLUDES PHOTOS SMART POINTS AND NUTRITION FACTS

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