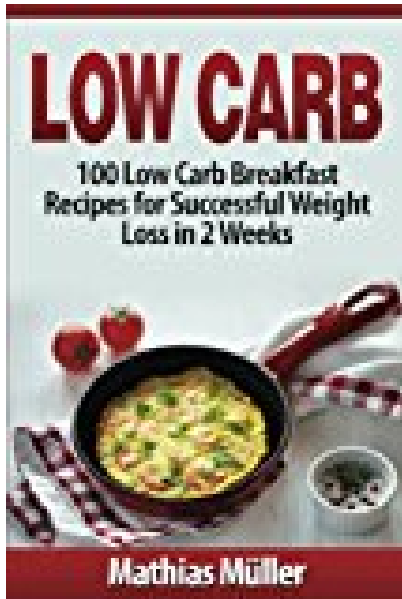


Low Carb Recipes 100 Low Carb Breakfast Recipes for Successful Weight Loss in 2 Weeks Volume 1



BOOK DETAILS

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BOOK SYNOPSIS

"Cut More Carbs - Volume II" is a collection of low carbohydrate recipes and includes a 30 day low carbohydrate weight loss plan for healthy weight loss based loosely on a variety of other such programs. Eating healthy and losing weight is essential for today's "fast paced - high stress" lifestyle. This volume is a continuation of "CUT THE CARBS - Volume I".

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